



## **OFFICIAL RULES & REGULATIONS**

### **Run Mate by Core Lean Lac Léman 2024**

#### **Article 1 – Organisation**

The 6th edition of Run Mate by Core Lean Lac Léman will be held on 21 and 22 September 2024 (hereinafter the "Event"), by the Association Léman Sport and OC SPORT SUISSE Sàrl (hereinafter the "Organisation").

#### **Article 2 – Race program**

This Event, for the general public, offers participants a unique experience over 2 days and 1 night around Lake Geneva.

It consists of a running relay race that brings together teams of a minimum 2 and maximum 9 participants over a distance of approximately 220 km.

#### **Article 3 – Race participation rules**

Any violation of the participation rules below will result in the disqualification of the team.

	<b>Material required</b>	<b>Rules to be respected</b>
Each participant when running	<ul style="list-style-type: none"> <li>● 1 safety waistcoat</li> <li>● 1 headlamp</li> <li>● 1 charged mobile phone</li> </ul>	<ul style="list-style-type: none"> <li>● Respect the road code</li> <li>● Respect the environment</li> <li>● Follow the signs of the course</li> <li>● Do not follow a participant in race on a bike (Run &amp; Bike prohibited)</li> </ul>
Per vehicle	<ul style="list-style-type: none"> <li>● Minimum 2 safety waistcoats</li> <li>● 2 headlamps</li> <li>● Minimum 2 licensed drivers</li> <li>● Minimum 2 charged mobile phones</li> <li>● Identity card for each person</li> <li>● 1 first aid kit</li> <li>● License &amp; Registration</li> </ul>	<ul style="list-style-type: none"> <li>● Respect the rules of the road</li> <li>● Do not follow the runner</li> <li>● Follow the alternative routes</li> <li>● Park in the car parks provided by the Organisation</li> <li>● Respect the neighbourhood, especially at night</li> <li>● Respect the environment (recycling etc)</li> <li>● Respect the Points Relais areas by using the toilets provided. It is forbidden to urinate on the public highway under penalty of fine.</li> </ul>

#### **Article 4 – Registration - Commitment**

Anyone entering the race must be well trained and in good health. It is therefore strongly recommended that all participants undergo a medical check-up and seek medical advice before taking part.

Anyone wishing to participate in the race must be registered on the Event's registration platform, at <http://www.runmate.org>. Team registration is as follows:

- The first person to register creates his or her own team, stating the number of participants in the team. After registering himself/herself, this person can either register all the other participants in their team, or send the team registration link to the other participants so that they can register individually.

Each team appoints a "captain". When registering, one of the team members can designate himself/herself as team captain. If no team member expressly designates himself/herself as captain, the last team member to register will automatically be designated as captain.

Participants are registered in order of receipt of payment. However, a maximum number of participants may be set by the Organisation. Once this maximum number is reached, registrations will no longer be considered.

In the event that a team wishes to be accompanied by a third party (e.g. a driver), this person is not considered a participant under these rules. The captain nevertheless undertakes the responsibility to declare the presence of any person accompanying the team for security purposes by email at [contact@runmate.org](mailto:contact@runmate.org).

Participants can register for the different formulas via the dedicated platform until the maximum number of bibs is reached.

Formulas proposed:

- TEAM: from 6 to 9 people
- ULTRA : from 2 to 5 people

Students can benefit from a preferential rate with a 10% reduction on the registration fee. **Please note** that each participant wishing to benefit from the student discount must be able to present proof of schooling valid until September 2024. Otherwise, the difference in price will have to be paid in order to validate the registration.

Depending on the health situation, additional elements may be requested from each participant (PCR test, health pass, etc). Participants may also be asked to respect any sanitary measures (wearing a mask, respecting safety distances, etc.).

If the number of participants has to be reduced, the rule applied on the order of priority of participants according to the date of registration.

All registrations are firm and final, and no refunds will be made in the event of a registration error, medical reasons, unavailability, etc.

For the participants who wish to do so, a "cancellation" insurance is offered at the time of registration. **This insurance cannot be taken out after the registration has been validated.**

Anyone who transfers his or her bib to a third party without informing the Organisation may be held responsible in the event of an accident occurring or caused by the third party during

the Event. The Organisation declines all responsibility in the event of an accident in this type of situation.

#### **Article 5 – Accessibility to the race**

The Event is open to all participants born before 1st January 2007, i.e. those aged 18 in the year of the race.

For 16 and 17 year olds, it may be possible to take part in the event with an exemption. In this case, participants must send a request to [contact@runmate.org](mailto:contact@runmate.org).

#### **Article 6 – Picking up and wearing bib number**

Each team is allocated a bib by the Organisation before the race. This bib is passed on at the relay points between the participants in the same team.

The bibs will be collected on Saturday, September 21, 2024 at the start village in Montreux.

Bibs will only be given out on presentation of an identity document and the invitation e-mail sent by the Organisation. This invitation e-mail will be sent a few days before the race, exclusively by e-mail, to the e-mail address given by the participant at the time of registration. The compulsory equipment will also be checked at the time of the bib collection. The list of compulsory equipment can be found in Article 3 - Race participation rules and on the event website: <https://www.runmate.org>.

The bib must be fully legible and worn in front by the participant doing the relay throughout the course.

#### **Article 7 – Race time**

A team's official race time will be the time between crossing the start line and your crossing the finish line. It is reminded that controls will be carried out during the event, at each relay point, in order to ensure perfect conditions of regularity of the race. It is possible that some sections will be neutralised, i.e. without timekeeping, due to bad weather that would make some sections impassable for example.

A team's race time will be measured by a GPS beacon provided by the Organisation before the start of the team. The participant will have to give the beacon to the next participant, the beacon serving as a relay baton.

The maximum overall time to complete the course is 28 hours.

Prior to the race, each team must provide the Organisation with an estimate of its race time.

Participants ahead of the estimated race time may be stopped at any point on the course for an indefinite time. This waiting time will be deducted from their final time.

Conversely, participants who are behind the estimated race time will be required to drive forward as far as the Organisation indicate they need to in order to finish the race within the time limit. However, this will result in a non-classification for "out of time limit".

In case of non compliance of the marked route, and depending on the diversions taken, the teams will be given a time penalty corresponding to 5min/km.

## **Article 8 - Timing**

The timing will be done by a timekeeper using an electronic system.

All teams will receive a GPS beacon, which will be automatically initialized at the start line and used to check the regularity of the race at various points along the route. At the end of the race, each team must hand in its GPS beacon to the timekeeper.

The data of the chips are collected and processed by the timekeeper who will transmit to the Organisation the results for the classification.

Results will be published on the timekeeper's website and on <https://www.runmate.org>. If the participant wishes to oppose or withdraw this publication, he/she must send his/her request to the Organisation at the following address: [rgpd-suisse@ocgroup.com](mailto:rgpd-suisse@ocgroup.com).

Complaints concerning timing may be made to the Organisation up to 3 days after the date of the Event. After this period, no modifications will be made.

## **Article 9 - Course**

### **9.1. Start of participants**

The Event covers a distance of approximately 220 km around Lake Geneva, starting and finishing in Montreux.

The participants can find all the information about the course on <https://www.runmate.org/about/course>.

The start will be personalised by the Organisation for each team according to the pace of the participants. Each team must be at the start at the time indicated on the invitation.

The Organisation reserves the right to modify the timetable and/or the course up to the day of the race and during the Event to guarantee the safety of participants.

Each team must present itself at the bib collection desk at least 1 hour before the start to collect its "runners' pack" and present the compulsory equipment required.

### **9.2. Traffic on the race**

The Event takes place on open roads. This is why each team must strictly respect the road rules and be in possession of the mandatory equipment. This equipment must be presented on race day to collect the team number. If a team cannot present all the equipment listed in article 3 - Race participation rules, it will not be allowed to take the start.

### **9.3. Medical services**

Mobile and fixed ambulances will be located at various points along the race route, particularly at certain relay points. The position of fixed ambulances will be communicated to participants prior to the Event. The medical service and first-aiders are empowered to disqualify any participant who appears unfit to continue the race. His or her number will be withdrawn, signifying that he or she is out of the race.

### **9.4. Supply**

The team can supply and encourage the participant during the race by stopping at several points along the course.

The teams are responsible for their own meals. When you pick up your bibs, some snacks will be given to participants in the “runner pack”.

### **Article 10 - Withdrawal**

With the exception of an injury requiring rapid medical intervention, if a team wishes to drop out, it must indicate this in a relay point to any member of the Organisation and call the organisation's emergency number given in the “RoadBook” (Event guide containing essential information).

### **Article 11 - Cancellation of the Event in the case of force majeure**

The Organisation may not be held liable to participants for any cancellation or partial or definitive interruption of the Event in the case of force majeure. Participants' registration fees cannot be reimbursed, and participants hereby waive any claim or request for reimbursement in the event of cancellation or partial or definitive interruption of the Event.

Cases of force majeure include any external, extraordinary, unforeseeable and insurmountable events, such as earthquakes, wars, states of emergency, fires, floods, storms, deteriorating weather conditions, epidemics and pandemics declared as such by the WHO, blocking of means of transport for any reason whatsoever, total or partial strikes external to the Organisation, total or partial regional, national or international blocking of telecommunications or computer networks, decisions, measures and acts emanating from any governmental or administrative authorities.

## **Article 12 – Civil liability and Insurance**

**Individual accident:** the Organisation strongly recommends that all participants who do not have personal insurance covering their physical injuries, in particular those who are not licensed in a sports federation, take out individual accident insurance as part of their participation in the Event.

The Organisation declines all responsibility in case of an accident. The Organisation can in no way be held responsible for accidents or failure to perform due to poor health or inadequate preparation.

**Material damage:** the Organisation declines all responsibility in the case of damage (theft, breakage, loss, etc.) to participants' personal property, including vehicles, even if they are in his custody. Participants will not be able to claim against the Organisation for any damage caused to their equipment. It is the responsibility of each participant to take out insurance to cover these risks.

### **ASSUR CONNECT cancellation insurance**

- The participant has the possibility to take out cancellation insurance at the time of registration offered by ASSUR CONNECT until September 17, 2024, 11:59 p.m. The insurance must be taken out at the time of registration and payment and cannot be taken out afterwards. This option allows the participant, under certain conditions established by the insurer, to be reimbursed for 80% of the registration fees paid.
- To make a claim, the participant must click on the link in the confirmation email received from BEticketing or on his/her personal participant area. Requests can be made up to 72 hours after the Event. No late declarations or declarations made outside the dedicated interface will be accepted.
- For any complaint or question concerning the BEticketing cancellation insurance, the participant must contact BEticketing directly via the link provided in the confirmation email of the insurance or at [beticketing@assur-connect.com](mailto:beticketing@assur-connect.com).

Cancellation via the BEticketing insurance immediately results in the complete cancellation of your registration. The participant will therefore no longer be able to enjoy any of the services offered by the Event Organisation. The subscription to the BEticketing insurance creates an insurance contract between the participant and the BEticketing insurance, but does not commit the Organisation.

### **Find out more about cancellation conditions**

- <https://claimticketing.assur-connect.com/conditions>
- <https://assur-connect.com/beticketing-faq/>

### **Article 13 – Doping**

The Swiss Olympic regulations on doping apply to the Event. Tests may be carried out. Participants can consult the information on doping on the website: [www.antidoping.ch](http://www.antidoping.ch).

### **Article 14 – Penalties**

In the event of transgression of any of the rules of the present regulations, the following sanctions may be applied to participants by the Organisation depending on the seriousness of the transgression:

- Warning ;
- Time penalty;
- Impossibility for the team to take the start;
- Disqualification of the team.

Sanctions will be applied at the Organizer's discretion.

### **Article 15 – Respect of the environment**

Participants are required to preserve the environment, natural areas and biodiversity before, during and after the race and to use the areas provided for recycling. Penalties may be imposed in case of non-compliance.

Participants must respect the relay point areas by using the toilets provided. It is forbidden to urinate on the public highway under penalty of fine.

### **Article 16 – Image rights**

The participant is informed and accepts that during the race, his or her image may be captured by the Organisation or its service provider.

Participants expressly authorize the Organisation, as well as its beneficiaries, such as partners, service providers, sponsors and the media, to use animated images (videos) or still images (photographs) in which participants appear.

These moving or still images are taken during their participation in the Event.

These moving or still images may be used on all existing or future media, including all promotional and/or advertising and/or institutional media, worldwide and for an unlimited period.

The participant acknowledges and accepts that the Organisation may record these still and moving images (photographs and videos) and accepts their use as described above.



### **Article 17 – Aerial photography**

All participants in the Event certify that they have been informed that remote-controlled aircraft (drones) may be used on the day of the Event for the purpose of capturing moving images. The aforementioned aircraft may fly at a distance of less than 30 meters from the participants during their participation in the Event.

All participants in the Event also certify that they have been informed that the areas previously defined by the Organisation's video service provider piloting the remotely piloted aircraft, identified by multicolored dots and access to which is formally forbidden to the public and to participants, will be set up by the said video service provider to enable a landing in the event of an in-flight incident.

### **Article 18 – Data protection**

Personal data concerning Swiss citizens is governed by the new federal law on data protection (nLPD) which came into force on September 1, 2023. The persons concerned have rights over their personal data and these can be exercised at the following email address: [rgpd-suisse@ocgroup.com](mailto:rgpd-suisse@ocgroup.com).

Personal data concerning European citizens is governed by the General Data Protection Regulation (RGPD) dated April 27, 2016, and entered into force on May 25, 2018. OC SPORT SUISSE Sàrl process personal data for the following purposes:

- Registration and management of participants in the event (execution of the present conditions). This includes in particular :
  - o Management, verification and validation of registrations;
  - o Payment of registration fees;
  - o Sending practical information by e-mail to ensure the smooth running of the event.
  
- Printing and delivery of race numbers (fulfilment of these conditions);
- Timing and publication of results (execution of these conditions and opt-out consent);
- Emailing (newsletter) about the present event and similar events offered by the organizer (opt-out consent);

Within the framework of the execution of the present conditions, the data collected will be communicated to the following recipients:

- OC Sport Suisse Sàrl ;

- CHRONOCONSULT (timekeeper) ;
- Arenametrix (CRM provider) ;
- Njuko (registration management service provider) ;
- Photo/video service providers.

Individuals may access their data, rectify them, request their deletion or exercise the right to limit the processing of their data. To exercise these rights or for any questions about the processing of your data in this device, individuals can contact [rgpd-suisse@ocgroup.com](mailto:rgpd-suisse@ocgroup.com).

For more information on their rights or if they wish to make a complaint because they feel that their rights have not been respected after contacting us, they can contact the competent supervisory authority in their country.

#### **Article 19 – Applicable law - Jurisdiction**

The present rules are governed by Swiss law. In the event of a dispute, it will be submitted to the competent jurisdiction under the conditions of ordinary law.

#### **Article 20 – Acceptance of the Regulation**

Participation in Run Mate by Core Lean Lac Léman implies the express acceptance by each participant of these rules

